

Case Studies by Category

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Tap any underlined item to go directly to case studies.

Case studies submitted by students of the [Brain and Sensory Foundations®](#) course.



More Focus in School and Play

ADD/ADHD

- [Massive Improvement in Daily Functioning for 5-Year-Old with Severe Trauma](#)
- [Hyperactive Boy Can Now Focus](#)
- [OT “Filled with Gratitude and Excitement”; Sees Profound Results for 6 Yr-Old Boy](#)
- [13-Year-Old Girl Goes From Introvert to Social Butterfly](#)
- [5-Year-Old Develops Attention and Fine Motor skills](#)
- [Rhythmic Movement Makes a Significant Impact on 7-Year-Old Girl with ADHD](#)
- [Confidence for College](#)
- [ASD Symptoms and Global Dev Delay, OT Sees Huge Improvement](#)

- [No More Aggressive Outbursts, Huge Change in Three Months](#)
- [From IEP to all As and Bs on Report Card](#)
- [Anger and Depression Gone, 12-Year-Old Boy](#)
- [PTSD, ADHD, Depression, Anxiety: Big Changes](#)
- [9-YO Constantly Moving in Class, Can Now Focus](#)
- [Huge Improvements in Focus, Balance, Handwriting, and Organization for 13-Year-Old Boy](#)
- [Rhythmic Movements and Innate Reflex Integration Make a Big Difference for Senior Man](#)
- [Autism — Huge Improvements in Speech, Sensory, Eye-Contact, and Attention](#)
- [Decreased Aggression; Increased Focus & Speech](#)

More ADD/ADHD case studies [here](#)



67-Yr-Old Man Makes Huge Gains in Balance, Cognition, Pain Relief

Case Studies by Category, *continued*

ADD/ADHD, *continued*

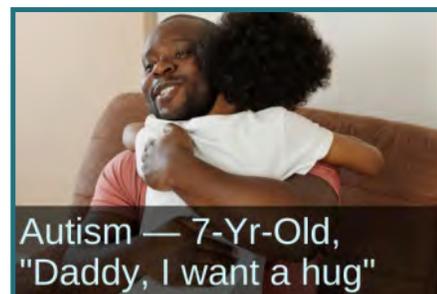
- [Skeptical OT Convinced by “Profound Success” in Short Time Frame](#)
- [10-Yr-Old Girl with Anxiety and ADHD: Gains Calm, Confidence, and Focus](#)
- [Boy with ADHD Symptoms Gains Emotional Regulation, Focus, Improvements at School](#)
- [6-Year-Old Boy: No More Hitting, Biting, and Constant Moving](#)
- [4-Yr-Old Boy — Not Responding to Name, Now Able to Make Eye Contact, Learn, Sleep, Play](#)
- [Boy with PDD Can Now Focus and Learn; Teachers and Parents Are Amazed](#)
- [Focus and Calm Improve Homework, Learning, and Daily Tasks for Teen](#)

Anxiety

- [Massive Improvement in Daily Functioning for 5-Year-Old with Severe Trauma](#)
- [“Remarkable, — Hyper-Sensitivities Diminish for 4-Year-Old Boy](#)
- [“Tremendous Changes” in Boy with Sensory and Emotional Issues](#)
- [13-Year-Old Girl Goes From Introvert to Social Butterfly](#)
- [6 Months Makes a Huge Difference: Pre-Teen Girl’s Anxiety Decreases, Achieves Big Jump in Standardized Test Scores](#)
- [Teen’s Phobias Diminish After Summer of Rhythmic Movement](#)
- [Pushing, Hitting, and Biting Diminish](#)
- [From IEP to all As and Bs on Report Card](#)
- [17-Year-Old, Shy and Scared, Now Courageous and Helpful](#)

Anxiety, *continued*

- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills](#)
- [Extreme Anxiety, Hypersensitivity Vanish, 5-Yr-Old Girl with Birth Trauma](#)
- [From Moderate to Minimal Assistance with ADLs in 4 Weeks](#)
- [Boy with Sensory-Behavior Issues; OT Sees Huge Improvements in 8 Weeks](#)
- [Severe Anxiety in Groups, Now Comfortable at Social Gatherings](#)
- [Adopted Girl with Complex Trauma, Overcomes Fears and Blossoms with Innate Movements](#)
- [Confidence for College](#)
- [Severe Anxiety in Groups, Now Comfortable at Social Gatherings](#)
- [Adopted Girl with Trauma, Overcomes Fears; Blossoms with Innate Movements](#)
- [Skeptical Therapist Sees Surprising Progress in Releasing Fears and Achieving Goals](#)



Autism — 7-Yr-Old,
“Daddy, I want a hug”

Autism

- [Autism: From Running and Screaming to Happy and Smiling](#)
- [2-Year-Old with ASD Develops Eye Contact, Fine Motor, Babbling](#)

More Autism case studies [here](#)

Case Studies by Category, continued

Autism, continued

- [Skeptical Therapist Sees Surprising Progress in Releasing Fears and Achieving Goals](#)
- [Teen's Phobias Diminish After Summer of Rhythmic Movement](#)
- [11-Year-Old Boy Learns to Manage Behavior](#)
- [5-Yr-Old-Boy: Hyperactivity, Compulsive Chewing, Meltdowns. Gone!](#)
- [Autism, Eye Contact, Speech, Gross and Fine-Motor Skills Improve](#)
- [No More Meltdowns Over Clothes](#)
- [Struggles with Memory, Hand-Eye Coordination, and Writing All Ease for 8-Yr-Old Girl](#)
- [Young Man with Down Syndrome & Autism: New Abilities After 6 Weeks of Rhythmic Movements](#)
- [Constant Crying to Active Participation](#)
- [Head-Slapping and Thumb-Sucking Stop, While Fine and Gross Motor Skills Improve](#)
- [4-YO Boy — Not Responding to Name, Now Can Make Eye Contact, Learn, Sleep, Play](#)
- [ASD Symptoms and Global Dev Delay; OT Sees Huge Improvement](#)
- [Autism — Huge Improvements in Speech, Sensory, Eye-Contact, and Attention](#)
- [From Aggressive to Giggly and Playful](#)



Autism, continued

- [5-YO with Autism: Was Crying and Screaming with Challenges, Now Eager to Try New Skills](#)
- [Young Teen with ASD & SPD: More Regulation, Speech, Stamina, and Fun](#)
- [4-Year-Old Boy with ASD: Better Interoception, Speech, Vision, and Focus with Innate Movements](#)
- [9-Yr-Old Girl with ASD Significantly Decreases Self-Stimulation Behaviors](#)
- [Mother and OT See Great Accomplishments for Boy with Severe Trauma](#)
- [Improvements in Speech, Motor, Vision, Social-Emotional — After One Year, “a Completely Different Child”](#)
- [Severe Anxiety in Groups, Now Comfortable at Social Gatherings](#)

Balance

- [No More Motion Sickness](#)
- [“Watch Mommy! I Can Do a Sit Up!!”](#)
- [Life-Changing Results for Children](#)
- [Restoring Foot Function, Pain Relief, Relaxation](#)
- [Extreme Sensitivity, Motor Skills, and Social Skills Improve](#)
- [Boy Rides Bike, Masters Many Goals](#)
- [Severe Motion Sickness Gone](#)
- [From IEP to all As and Bs on Report Card](#)
- [Rhythmic Movements and Reflex Integration Make a Big Difference for Senior Man](#)
- [Young Teen Finds Neuro-Movements Effective; Is Doing Them on His Own Now](#)
- [OT Focuses on Reflex Foundation, Builds Focus, Strength, Self-Regulation, Pencil Grip](#)

More Balance case studies [here](#)



Case Studies by Category, continued

Balance, continued

- [Improvements in Speech, Motor, Vision, Social-Emotional — After One Year, “a Completely Different Child”](#)
- [Huge Improvements in Focus, Balance, Hand-writing, and Organization for 13-Year-Old Boy](#)

Bedwetting

- [SLP Amazed: “He Is Now Speaking in Sentences.”](#)
- [No More Headaches for Adopted Daughter](#)
- [“Watch Mommy! I Can Do a Sit Up!!”](#)
- [Bowel Training, Emotional Regulation for 5-Year-Old Girl](#)
- [From Moderate to Minimal Assistance with ADLs in 4 Weeks](#)
- [ASD Symptoms and Global Dev Delay; OT Sees Huge Improvement](#)



Behavioral Issues

- [SLP Amazed: “He Is Now Speaking in Sentences.”](#)
- [Pushing, Hitting, and Biting Diminish](#)
- [Explosive Anger Resolves, No Longer Prisoners to Meltdowns](#)
- [Anger and Depression Gone, 12-Year-Old boy](#)
- [“Tremendous Changes” in Boy with Sensory and Emotional Issues](#)
- [No More Aggressive Outbursts, Huge Change in 3 Months](#)

Behavioral Issues, continued

- [From Introvert to Social Butterfly — 13 Yr Old Girl](#)
- [“Watch Mommy! I Can Do a Sit Up!!”](#)
- [Back Pain Relief for Mom](#)
- [Bowel Training, Emotional Regulation for 5-Year-Old girl](#)
- [Life-Changing Results for Children](#)
- [Restoring Foot Function, Pain Relief, Relaxation](#)
- [Hyperactive Boy Can Now Focus](#)
- [Constant Crying to Active Participation](#)
- [Extreme Sensitivity, Motor Skills, and Social Skills Improve](#)
- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills!](#)



- [No More Meltdowns Over Clothes](#)
- [Kicked Out of Day Care, Now Playing Nicely](#)
- [Movement Helps Sensory & Behavior for 9-Year-Old](#)
- [Boy Rides Bike, Masters Many Goals](#)
- [11-Year-Old Boy Learns to Manage Behavior](#)
- [Decreased Aggression; Increased Focus and Speech](#)
- [17-Yr-Old, Shy and Scared, Now Courageous and Helpful](#)
- [No More Headaches for Adopted Daughter](#)
- [From Aggressive to Giggly and Playful](#)

More Behavioral Issues case studies [here](#)



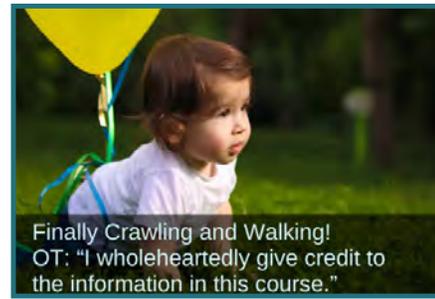
Case Studies by Category, continued

Behavioral Issues, continued

- [Extreme Anxiety, Hypersensitivity Vanish, 5 Yr Old Girl with Birth Trauma](#)
- [6 Months Makes a Huge Difference: Pre-Teen Girl's Anxiety Decreases, Achieves Big Jump in Standardized Test Scores](#)
- [Impulse Control, Focus, and Emotional Regulation All Improve!](#)
- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills!](#)
- [4-yr-Old Boy — Not responding to Name, Becomes Able to Make Eye Contact, Learn, Sleep, Play](#)
- [8-Year-Old Girl "Born Anew" — Develops Social and Verbal Skills](#)
- [Preschool Boy Gains Focus, Sensory Regulation, Fine-Motor, and Confidence](#)
- [5-Yr-Old with Autism: Was Crying and Screaming with Challenges, Now Eager to Try New Skills](#)
- [Young Teen with ASD & SPD: More Regulation, Speech, Stamina, and Fun](#)
- [12-Yr-Old Girl with Dyspraxia Boosts Coordination and Sports Ability](#)
- [10-Yr-Old Girl with Anxiety and ADHD: Gains Calm, Confidence, and Focus](#)
- [Mother and OT See Great Accomplishments for Boy with Severe Trauma](#)
- [Boy with ADHD Symptoms Gains Emotional Regulation, Focus, Great Improvements at School](#)
- [Boy with Sensory-Behavior Issues; OT Sees Huge Improvements in 8 Weeks](#)
- [6-Year-Old Boy: No More Hitting, Biting and Constant Moving](#)
- [5-Yr-Old-Boy: Hyperactivity, Compulsive Chewing, Meltdowns. Gone!](#)
- [Controlling Anxiety, and Fine-Motor Skills](#)

Behavioral Issues, continued

- [Boy with PDD Can Now Focus and Learn; Teachers and Parents Are Amazed](#)
- [No More Pushing, Pinching, or Fidgeting: Little Boy Gains Pride in Good Behavior](#)
- [In 6 Weeks, Boy with Constant Movement Is Much Calmer and Can Sit to Play with Toys](#)



Birth to 3, Developmental Delay

- [2-Year-Old with ASD Develops Eye Contact, Fine Motor, Babbling](#)
- [Life-Changing Results for Children](#)
- [Constant Crying to Active Participation](#)
- [Boy Stops Drooling, Begins Speaking, Enjoys Playing with Peers](#)
- [Toddler More Tolerant, Animated, and Happy After a Course of Rhythmic Movements](#)
- [1-Yr-Old with High Muscle Tone, Who Would "Never Crawl," Is Now Crawling ... and Walking!](#)
- [Premature Baby in ICU, Walks at 18 Months with the Help of Innate Rhythmic Movements and Reflex Integration](#)
- [Sophie's Story, RMT Effective for Developmental Delay](#)
- [In Only 6 Weeks, Boy with Constant Movement Becomes Much Calmer](#)
- [Delayed Toddler Goes from Only Scooting on Bottom to Walking After 4 Weeks of Innate Sensory-Motor Intervention](#)

Case Studies by Category, *continued*

Cerebral Palsy

- [Easier Wheelchair Transitions and Huge Gait Trainer Improvements for 12-Yr-Old with CP](#)
- [4-YO Boy with Difficulties Performing Basic Daily Tasks Such as Self-Feeding is Now Achieving Goals After Three Weeks of Rhythmic Movements.](#)



Emotional and Social Skills

- [Autism: From Running and Screaming to Happy and Smiling](#)
- [Massive Improvement in Daily Functioning for 5-Year-Old with Severe Trauma](#)
- [Pushing, Hitting and Biting Diminish](#)
- [Explosive Anger Resolves, No Longer Prisoners to Meltdowns](#)
- [Anger and Depression Gone, 12-Year-Old Boy](#)
- [“Tremendous Changes” in Boy with Sensory and Emotional Issues](#)
- [No More Aggressive Outbursts, Huge Change in Three Months](#)
- [No More Headaches for Adopted Daughter](#) 
- [13-Year-Old Girl Goes From Introvert to Social Butterfly](#)
- [“Watch Mommy! I Can Do a Sit Up!!”](#)
- [Bowel Training, Emotional Regulation for 5-Year-Old Girl](#)

Emotional and Social Skills, *continued*

- [Life-Changing Results for Children](#)
- [Restoring Foot Function, Pain Relief, Relaxation](#)
- [Hyperactive Boy Can Now Focus](#)
- [Constant Crying to Active Participation](#)
- [Extreme Sensitivity, Motor Skills, and Social Skills Improve](#)
- [Movement Helps Sensory & Behavior for 9-YO](#)
- [Boy Rides Bike, Masters Many Goals](#)
- [Decreased Aggression; Increased Focus & Speech](#)
- [17-Year-Old, Shy and Scared, Now Courageous and Helpful](#)
- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills](#)
- [Confidence for College](#)
- [5-Yr-Old-Boy: Hyperactivity, Compulsive Chewing, Meltdowns. Gone!](#)
- [Extreme Anxiety, Hypersensitivity Vanish, 5-Yr-Old Girl with Birth Trauma](#)
- [Impulse Control, Focus, and Emotional Regulation All Improve!](#)
- [From Moderate to Minimal Assistance with ADLs in 4 Weeks](#)
- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills!](#)
- [OT Focuses on Reflex Foundation, Builds Focus, Strength, Self-Regulation, Pencil Grip](#)
- [OT “Filled with Gratitude and Excitement”; Sees Profound Results for 6 Yr-Old Boy](#)

More Emotional and Social Skills case studies [here](#)

Case Studies by Category, *continued*

Emotional and Social Skills, *continued*

- [8-Year-Old Girl “Born Anew” — Develops Social and Verbal Skills](#)
- [Preschool Boy Gains Focus, Sensory Regulation, Fine-Motor, and Confidence](#)
- [5-YO with Autism: Was Crying and Screaming with Challenges, Now Eager to Try New Skills](#)
- [Boy with Sensory-Behavior Issues; OT Sees Huge Improvements in 8 Weeks](#)
- [Kicked Out of Day Care, Now Playing Nicely](#)
- [Daughter Is Now Sleeping, Laughing, Listening, Speaking, and Making Eye Contact](#)
- [Back Pain Relief for Mom](#)
- [In 6 Weeks, Boy with Constant Movement Is Much Calmer and Can Sit to Play with Toys](#)
- [No More Pushing, Pinching, or Fidgeting: Little Boy Gains Pride in Good Behavior](#)
- [From Aggressive to Giggly and Playful](#)

Fine/Gross Motor Skills

- [Autism: From Running and Screaming to Happy and Smiling](#)
- [SLP Amazed: “He Is Now Speaking in Sentences.”](#)
- [Massive Improvement in Daily Functioning for 5-Year-Old with Severe Trauma](#)



Fine/Gross Motor Skills, *continued*

- [5-Year-Old Develops Attention and Fine Motor Skills](#)
- [Constant Crying to Active Participation](#)
- [OT Stunned by 4-Year-Old’s Progress](#)
- [Boy Rides Bike, Masters Many Goals](#)
- [13-Year-Old Girl Goes From Introvert to Social Butterfly](#)
- [Sports Performance Boosted by Reflex Integration](#)
- [Extreme Sensitivity, Motor Skills, and Social Skills Improve](#)
- [From Wheelchair to Walking in 4 Months](#)
- [5-Yr-Old-Boy: Hyperactivity, Compulsive Chewing, Meltdowns. Gone!](#)
- [From Moderate to Minimal Assistance with ADLs in 4 Weeks](#)
- [Autism, Eye Contact, Speech, Gross and Fine-Motor Skills Improve](#)
- [Head-Slapping and Thumb-Sucking Stop, While Fine and Gross Motor Skills Improve](#)
- [Preschool Boy Gains Focus, Sensory Regulation, Fine-Motor, and Confidence](#)
- [Toddler Girl, Huge Strides in Gross Motor Skills](#)
- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills](#)
- [12-Yr-Old Girl with Dyspraxia Boosts Coordination and Sports Ability](#)
- [Struggles with Memory, Hand-Eye Coordination, and Writing All Ease for 8-Yr-Old Girl](#)
- [Delayed Toddler Goes from Only Scooting on Bottom to Walking After 4 Weeks of Innate Sensory-Motor Intervention](#)

More Fine/Gross Motor Skills case studies [here](#)

Case Studies by Category, *continued*

Fine/Gross Motor Skills, *continued*

- [From IEP to all As and Bs on Report Card](#)
- [Easier Wheelchair Transitions and Huge Gait Trainer Improvements for 12-Yr-Old with CP](#)
- [1-Yr-Old with High Muscle Tone, Who Would “Never Crawl,” Is Now Crawling ... and Walking!](#)
- [Rhythmic Movements Save Injured Goat](#)
- [In 12 weeks, At-Risk 4-Yr-Old Boy Scores at Age Level on Berry Visual-Motor Test](#)
- [Head-Slapping and Thumb-Sucking Stop, While Fine and Gross Motor Skills Improve](#)
- [Premature Baby in ICU, Walks at 18 Months with the Help of Innate Rhythmic Movements and Reflex Integration](#)
- [Daughter Is Now Sleeping, Laughing, Listening, Speaking, and Making Eye Contact](#)
- [Improvements in Speech, Motor, Vision, Social-Emotional — After One Year, “a Completely Different Child”](#)
- [Rhythmic Movements and Innate Reflex Integration Make a Big Difference for Senior Man](#)
- [Boy with Sensory-Behavior Issues; OT Sees Huge Improvements in 8 Weeks](#)
- [Boy with PDD Can Now Focus and Learn; Teachers and Parents Are Amazed](#)
- [OT Focuses on Reflex Foundation, Builds Focus, Strength, Self-Regulation, Pencil Grip](#)
- [OT “Filled with Gratitude and Excitement”; Sees Profound Results for 6 Yr-Old Boy](#)

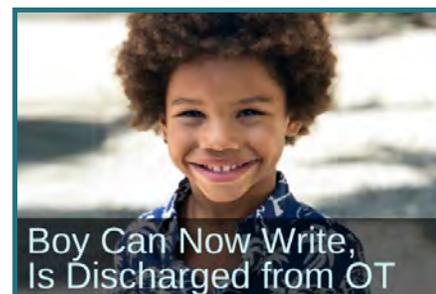
Fine/Gross Motor Skills, *continued*

- [Huge Improvement in Focus, Balance, Handwriting, and Organization for 13-Year-Old Boy](#)
- [From Aggressive to Giggly and Playful — Rhythmic Movements and Reflex Integration Make a Big Difference for 5YO Boy](#)

Handwriting

- [10-Year-Old Improves Drawing with One Session of Integrated Movement](#)
- [Massive Improvement in Daily Functioning for 5-year-old with Severe Trauma](#)
- [13-Year-Old Girl Goes From Introvert to Social Butterfly](#)
- [Teen’s Phobias Diminish After Summer of Rhythmic Movement](#)
- [“Watch Mommy! I Can Do a Sit Up!!”](#)
- [5-Year-Old Develops Attention and Fine Motor Skills](#)
- [Extreme Sensitivity, Motor Skills, and Social Skills Improve](#)
- [OT Stunned by 4-Year-Old’s Progress](#)
- [Boy Rides Bike, Masters Many Goals](#)
- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills](#)
- [Young Teen Finds Neuro-Movements Effective; Is Doing Them on His Own Now](#)

More Handwriting case studies [here](#)



Case Studies by Category, *continued*

Handwriting, *continued*

- [5-Yr-Old-Boy: Hyperactivity, Compulsive Chewing, Meltdowns. Gone!](#)
- [Struggles with Memory, Hand-Eye Coordination, and Writing All Ease for 8-Yr-Old Girl](#)
- [From IEP to all As and Bs on Report Card](#)
- [Struggles with Memory, Hand-Eye Coordination, and Writing All Ease for 8-Yr-Old Girl](#)
- [4-YO Boy — Not Responding to Name, Becomes Able to Make Eye Contact, Learn, Sleep, Play](#)
- [Head-Slapping and Thumb-Sucking Stop, While Fine and Gross Motor Skills Improve](#)
- [Preschool Boy Gains Focus, Sensory Regulation, Fine-Motor, and Confidence](#)
- [Young Teen with ASD & SPD: More Regulation, Speech, Stamina, and Fun](#)
- [Skeptical OT Convinced by “Profound Success” in Short Time Frame](#)
- [Boy with ADHD Symptoms Gains Emotional Regulation, Focus, Great Improvements at School](#)
- [Daughter Is Now Sleeping, Laughing, Listening, Speaking, and Making Eye Contact](#)
- [Boy with PDD Can Now Focus and Learn; Teachers and Parents Are Amazed](#)
- [Huge Improvements in Focus, Balance, Handwriting, and Organization for 13-Year-Old Boy](#)
- [OT Focuses on Reflex Foundation, Builds Focus, Strength, Self-Regulation, Pencil Grip](#)
- [OT “Filled with Gratitude and Excitement”; Sees Profound Results for 6 Yr-Old Boy](#)

Learning

- [“Tremendous Changes” in Boy with Sensory and Emotional Issues](#)
- [Movement Helps Sensory & Behavior for 9-Year-Old](#)
- [Boy Rides Bike, Masters Many Goals](#)
- [Preteen’s Self-Confidence is Boosted, as Well as Her Reading Level](#)
- [Boy with Severe Autism Makes Remarkable Progress in Play, Academics, Speech, Gross Motor and Fine Motor Skills](#)
- [Wiggly Child Can Now Focus](#)
- [Confidence for College](#)
- [5-Yr-Old-Boy: Hyperactivity, Compulsive Chewing, Meltdowns. Gone!](#)
- [6 Months Makes a Huge Difference: Pre-Teen Girl’s Anxiety Decreases, Achieves Big Jump in Standardized Test Scores](#)
- [Impulse Control, Focus, and Emotional Regulation All Improve!](#)
- [5-Year-Old Boy: Huge Gains in Letter Recognition](#)
- [Struggles with Memory, Hand-Eye Coordination, and Writing All Ease for 8-Yr-Old Girl](#)
- [From IEP to all As and Bs on Report Card](#)
- [Focus and Calm Improve Homework, Learning, and Daily Tasks for Teen](#)
- [9-Yr-Old Constantly Moving in Class, Can Now Focus](#)
- [Daughter Is Now Sleeping, Laughing, Listening, Speaking, and Making Eye Contact](#)
- [Improvements in Speech, Motor, Vision, Social-Emotional — After One Year, “a Completely Different Child”](#)
- [Boy with PDD Can Now Focus and Learn; Teachers and Parents Are Amazed](#)



Case Studies by Category, *continued*

Pain Relief

- [Restoring Foot Function, Pain Relief, Relaxation](#)
- [Back Pain Relief for Mom](#)
- [No More Headaches for Adopted Daughter](#)
- [Rhythmic Movements and Innate Reflex Integration Make a Big Difference for Senior Man](#)
- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills](#)
- [Mother in Awe of what Simple Movement Can Do](#)
- [Young Teen Finds Neuro-Movements Effective; Is Doing Them on His Own Now](#)



Pre-Schoolers

- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills!](#)
- [Decreased Aggression; Increased Focus and Speech](#)
- [SLP amazed: “He is Now Speaking in Sentences.”](#)
- [Pushing, Hitting and Biting Diminish](#)
- [“Remarkable” Hyper-Sensitivities Diminish for 4-Yr-Old Boy](#)
- [Bowel Training, Emotional Regulation for 5-Year-Old Girl](#)
- [Hyperactive Boy Can Now Focus](#)
- [Constant Crying to Active Participation](#)
- [Kicked Out of Day Care, Now Playing Nicely](#)
- [After 12 Weeks, Boy Shows Greater Interest in Higher Level Cognitive Tasks](#)
- [Boy Stops Drooling, Begins Speaking, Enjoys Playing with Peers](#)



Pre-Schoolers, *continued*

- [Preschooler Wary of Play, Now Loves to Go into the Ball Pit and on the Swing](#)
- [Extreme Anxiety, Hypersensitivity Vanish, 5 Yr Old Girl with Birth Trauma](#)
- [From Moderate to Minimal Assistance with ADLs in 4 Weeks](#)
- [Boy with Sensory-Behavior Issues; OT Sees Huge Improvements in 8 Weeks](#)
- [5-Yr-Old-Boy: Hyperactivity, Compulsive Chewing, Meltdowns. Gone!](#)
- [5-Year-Old Boy: Huge Gains in Letter Recognition](#)
- [“Watch Mommy! I Can Do a Sit Up!!”](#)
- [4-Yr-Old Boy — Not responding to Name, Becomes Able to Make Eye Contact, Learn, Sleep, Play](#)
- [Girl Meets all OT Goals!](#)
- [In 12 weeks, At-Risk 4-Yr-Old Boy Scores at Age Level on Berry Visual-Motor Test](#)
- [Preschool Boy Gains Focus, Sensory Regulation, Fine-Motor, and Confidence](#)
- [5-Yr-Old with Autism: Was Crying and Screaming Challenges, Now Eager to Try New Skills](#)
- [From Aggressive to Giggly and Playful — Rhythmic Movements and Reflex Integration Make a Big Difference for 5YO Boy](#)



Case Studies by Category, *continued*

Reading

- [Preteen's Self-Confidence is Boosted, as Well as Her Reading Level](#)
- [Rhythmic Movement Makes a Significant Impact on 7-Year-Old Girl with ADHD](#)
- [Impulse Control, Focus, and Emotional Regulation All Improve!](#)
- [5-Year-Old Boy: Huge Gains in Letter Recognition](#)
- [6 Months Makes a Huge Difference: Pre-Teen Girl's Anxiety Decreases, Achieves Big Jump in Standardized Test Scores](#)
- [Focus and Calm Improve Homework, Learning, and Daily Tasks for Teen](#)
- [Improvements in Speech, Motor, Vision, Social-Emotional — After One Year, “a Completely Different Child”](#)
- [Young Teen Finds Neuro-Movements Effective; Is Doing Them on His Own Now](#)
- [OT “Filled with Gratitude and Excitement”; Sees Profound Results for 6 Yr-Old Boy](#)

Sensory Processing

- [“Tremendous Changes” in Boy with Sensory and Emotional Issues](#)
- [No More Meltdowns Over Clothes](#)
- [No More Headaches for Adopted Daughter](#)
- [“Watch Mommy! I Can Do a Sit Up!!”](#)
- [Life-Changing Results for Children](#)
- [Hyperactive Boy Can Now Focus](#)
- [Teen's Phobias Diminish After Summer of Rhythmic Movement](#)



Sensory Processing, *continued*

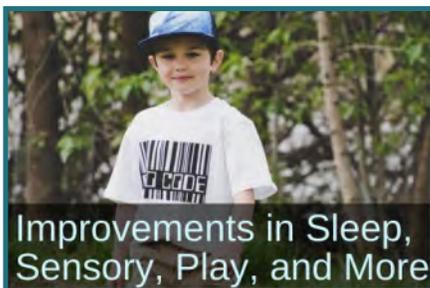
- [Extreme Sensitivity, Motor Skills, and Social Skills Improve](#)
- [Preteen's Self-Confidence is Boosted, as Well as Her Reading Level](#)
- [Autism: From Running and Screaming to Happy and Smiling](#)
- [“Remarkable” Hyper-Sensitivities Diminish for 4-Yr-Old Boy](#)
- [Autism—Huge Improvements in Speech, Sensory, Eye-Contact, and Attention](#)
- [5-Year-Old Boy with SPD Sustains Emotional Regulation, Increases Confidence](#)
- [11-Year-Old Boy Learns to Manage Behavior](#)
- [5-Yr-Old-Boy: Hyperactivity, Compulsive Chewing, Meltdowns. Gone!](#)
- [Extreme Anxiety, Hypersensitivity Vanish, 5 Yr Old Girl with Birth Trauma](#)
- [4-YO Boy — Not responding to Name, Becomes Able to Make Eye Contact, Learn, Sleep, Play](#)
- [Pre-school Boy Gains Focus, Sensory Regulation, Fine-Motor, and Confidence](#)
- [Pediatric Therapist: “Happy with Results and Very Excited about This Course”](#)
- [4-YO Boy with ASD: Better Interoception, Speech, Vision, & Focus with Innate Movements](#)

More Sensory Processing case studies [here](#)

Case Studies by Category, *continued*

Sensory Processing, *continued*

- [Boy with Sensory-Behavior Issues; OT Sees Huge Improvements in 8 Weeks](#)
- [Pushing, Hitting and Biting Diminish](#)
- [No More Pushing, Pinching, or Fidgeting: Little Boy Gains Pride in Good Behavior](#)
- [Skeptical Therapist Sees Surprising Progress in Releasing Fears and Achieving Goals](#)
- [From Aggressive to Giggly and Playful](#)



Sleep

- [Life-Changing Results for Children](#)
- [Autism: From Running and Screaming to Happy and Smiling](#)
- [Pushing, Hitting and Biting Diminish](#)
- [Explosive Anger Resolves, No Longer Prisoners to Meltdowns](#)
- [2-Year-Old with ASD Develops Eye Contact, Fine Motor, Babbling](#)
- [“Remarkable” Hyper-Sensitivities Diminish for 4-Year-Old Boy](#)
- [13-Year-Old Girl Goes From Introvert to Social Butterfly](#)
- [Hyperactive Boy Can Now Focus](#)
- [Better Concentration, Less Stuttering, and College Plans](#)
- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills](#)



Sleep, *continued*

- [Preschooler Wary of Play, Now Loves to Go into the Ball Pit and on the Swing](#)
- [Extreme Anxiety, Hypersensitivity Vanish, 5 Yr Old Girl with Birth Trauma](#)
- [Focus and Calm Improve Homework, Learning, and Daily Tasks for Teen](#)
- [4-Yr-Old Boy — Not responding to Name, Becomes Able to Make Eye Contact, Learn, Sleep, Play](#)
- [Confidence for College](#)
- [4-Yr-Old Boy with ASD: Better Interoception, Speech, Vision, and Focus with Innate Movements](#)
- [10-Yr-Old Girl with Anxiety and ADHD: Gains Calm, Confidence, and Focus](#)
- [Daughter Is Now Sleeping, Laughing, Listening, Speaking, and Making Eye Contact](#)
- [Boy with PDD Can Now Focus and Learn; Teachers and Parents Are Amazed](#)



Case Studies by Category, continued



Speech

- [SLP Amazed: “He Is Now Speaking in Sentences.”](#)
- [Boy with Severe Autism Makes Remarkable Progress in Play, Academics, Speech, Gross Motor and Fine Motor Skills](#)
- [2-Year-Old with ASD Develops Eye Contact, Fine Motor, Babbling](#)
- [Autism — Huge Improvements in Speech, Sensory, Eye-Contact, and Attention](#)
- [Better Concentration, Less Stuttering, and College Plans](#)
- [After 12 Weeks, Boy Shows Greater Interest in Higher Level Cognitive Tasks](#)
- [Boy Stops Drooling, Begins Speaking, Enjoys Playing with Peers](#)
- [Autism: From Running and Screaming to Happy and Smiling](#)
- [13-Year-Old Girl Goes From Introvert to Social Butterfly](#)
- [Life-Changing Results for Children](#)
- [Girl Goes From Stuttering and Difficulty Focusing to Clearer Thoughts and Fluent Speech](#)



Speech, continued

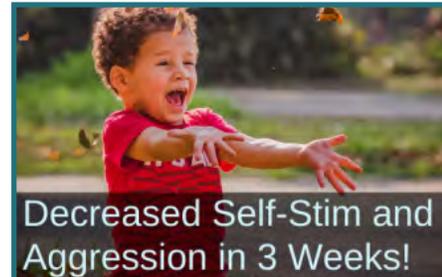
- [Confidence for College](#)
- [Extreme Anxiety, Hypersensitivity Vanish, 5-Yr-Old Girl with Birth Trauma](#)
- [Focus and Calm Improve Homework, Learning, and Daily Tasks for Teen](#)
- [4-YO Boy — Not responding to Name, Becomes Able to Make Eye Contact, Learn, Sleep, Play](#)
- [4-Year-Old Boy with ASD: Better Interoception, Speech, Vision, and Focus with Innate Movements](#)
- [10-Yr-Old Girl with Anxiety and ADHD: Gains Calm, Confidence, and Focus](#)
- [Daughter Is Now Sleeping, Laughing, Listening, Speaking, and Making Eye Contact](#)
- [Autism, Eye Contact, Speech, Gross and Fine-Motor Skills Improve](#)
- [Pushing, Hitting and Biting Diminish](#)
- [Amazing Improvement in Self-Regulation, Controlling Anxiety, and Fine-Motor Skills](#)
- [Boy with PDD Can Now Focus and Learn; Teachers and Parents Are Amazed](#)
- [From Aggressive to Giggly and Playful -- Rhythmic Movements and Reflex Integration Make a Big Difference for 5YO Boy](#)

Case Studies by Category, *continued*



Teens and Adults

- [PTSD, ADHD, Depression, Anxiety: Astonishing Changes](#)
- [13-Year-Old Girl Goes From Introvert to Social Butterfly](#)
- [Teen's Phobias Diminish After Summer of Rhythmic Movement](#)
- [Teen Boy With Severe Toe Walking Sees Extreme Improvement](#)
- [17-Year-Old, Shy and Scared, Now Courageous and Helpful](#)
- [Help for Parkinson's Disease](#)
- [Confidence for College](#)
- [6 Months Makes a Huge Difference: Pre-Teen Girl's Anxiety Decreases, Achieves Big Jump in Standardized Test Scores](#)
- [Focus and Calm Improve Homework, Learning, and Daily Tasks for Teen](#)
- [Rhythmic Movements and Innate Reflex Integration Make a Big Difference for Senior Man](#)
- [Young Teen with ASD & SPD: More Regulation, Speech, Stamina, and Fun](#)
- [Better Concentration, Less Stuttering, and College Plans](#)
- [Severe Anxiety in Groups, Now Comfortable at Social Gatherings](#)



Teens and Adults (continued)

- [Huge Improvements in Focus, Balance, Handwriting, and Organization for 13-Year-Old Boy](#)

Toe Walking

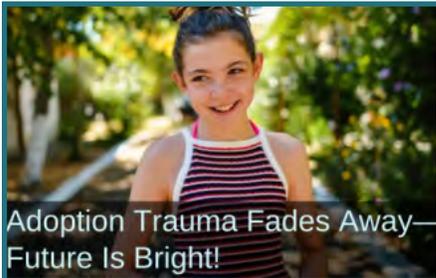
- [No Toe Walking for the First Time after Less than a Week of Rhythmic Movements](#)
- [Teen Boy With Severe Toe Walking Sees Extreme Improvement](#)

Trauma/Attachment

- [Massive Improvement in Daily Functioning for 5-Year-Old with Severe Trauma](#)
- [Life-Changing Results for Children](#)
- [PTSD, ADHD, Depression, Anxiety: Astonishing Changes](#)
- [Pushing, Hitting and Biting Diminish](#)
- [Extreme Anxiety, Hypersensitivity Vanish, 5-Yr-Old Girl with Birth Trauma](#)
- [Boy with Trauma Makes so Much Progress in School!](#)

More trauma/Attachment case studies [here](#)

Case Studies by Category, continued



Trauma/Attachment (continued)

- [Premature Baby in ICU, Walks at 18 Months with the Help of Innate Rhythmic Movements and Reflex Integration](#)
- [Mother and OT See Great Accomplishments for Boy with Severe Trauma](#)
- [Adopted Girl with Complex Trauma, Overcomes Fears and Blossoms with Innate Movements](#)
- [In 6 Weeks, Boy with Constant Movement Is Much Calmer and Can Sit to Play with Toys](#)
- [From Aggressive to Giggly and Playful](#)
- [Explosive Anger Resolves, No Longer Prisoners to Meltdowns](#)

Trisomy 21/Down Syndrome

- [Young Man with Down Syndrome and Autism Has New Abilities After 6 Weeks of Movements](#)



Visual Processing Issues

- [Struggles with Memory, Hand-Eye Coordination, and Writing All Ease for 8-Yr-Old Girl](#)
- [In 12 weeks, At-Risk 4-Yr-Old Boy Scores at Age Level on Berry Visual-Motor Test](#)
- [No More Aggressive Outbursts, Huge Change in 3 Months](#)
- [Boy Rides Bike, Masters Many Goals](#)
- [Rhythmic Movement Makes a Significant Impact on 7-Year-Old Girl with ADHD](#)
- [Skeptical OT Convinced by “Profound Success” in Short Time Frame](#)
- [OT “Filled with Gratitude and Excitement”; Sees Profound Results for 6 Yr-Old Boy](#)
- [4-YO Boy with ASD: Better Interoception, Speech, Vision, and Focus with Innate Movements](#)

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